

Bourg-Saint-Maurice / Tignes

Route des Grandes Alpes Gravel



This stage includes a stop at the hamlet of Le Monal (at 1,874m in altitude), a listed site, given its exceptional natural and heritage features. First, you leave Bourg-Saint-Maurice via a greenway leading to Sééz, followed by Villaroger. Alternatively, you can take a different route via Montvalezan. Next, it's on to Sainte-Foy-Tarentaise, then Le Monal, before joining the D902 road, two kilometres before Tignes-les-Brévières. From Les Brévières, after a stop to take a photo of Le Chevril Dam, decorated with a monumental image of Hercules, you start the climb across the ski area and high summer meadows leading to Tignes and Tignes Lake.

Details of the stage

↗ 2020 m ↘ 730 m
High/low point 2166 m / 806 m
Max gradient 14 %

Passage points

BOURG-SAINT-AURICE > Voie Verte > Auberge de Jeunesse de Sééz > D84b > VILLAROGGER > La Roche > SAINTE-FOY-TARENTEISE > Le Baptieu > Raffort > La Tournaz > Montalbert > Bonconseil > l'Échaillon > montée soutenue env. 10% > LE MONAL > La Combaz > Chenal > Les Pigettes > D902 (Prudence : fort trafic) > TIGNES-LES-BREVIERES > TIGNES 1800 > Les Boisses > Montée abrupte – piste de ski – poussage possible) > Boisses > TIGNES

Don't miss

- **Le Monal** : Leaving from Sainte-Foy-Tarentaise, you reach a huddle of traditional chalets that have been preserved in time, with beautiful views of iconic Mont Pourri – you've arrived at Le Monal, one of the finest examples of a *montagnette* (the local word for a summer hamlet) in the Tarentaise area. The homes, built entirely out of wood and stone, date back to the 18th and 19th centuries and are clustered around a chapel. Streams and gullies run between the houses, water ubiquitous here.
- **Tignes Dam** : This is the highest hydroelectric dam in France, located in the département (French county) of Savoie. Its construction, post-war, was traumatic for the local inhabitants, many of whom resisted its building, as it would lead to the disappearance of the historic village of Tignes, the place eventually being submerged by the waters in 1952. The dam measures 300m in length and 180m in height and over 5,000 workers were involved in its building. In 1989, its outer curve was decorated with a huge painting representing Hercules, heroic strongman of classical mythology.
- **Tignes** : Tignes, the commune (or parish), consists of five villages, combining to create one of the most famous high-altitude ski resorts in France. Along with neighbouring Val-d'Isère, these two resorts boast one of the largest linked ski areas in the world. In summer, Tignes and its lake become a destination for many summer sports, the place proving ideal for practising countless outdoor disciplines.

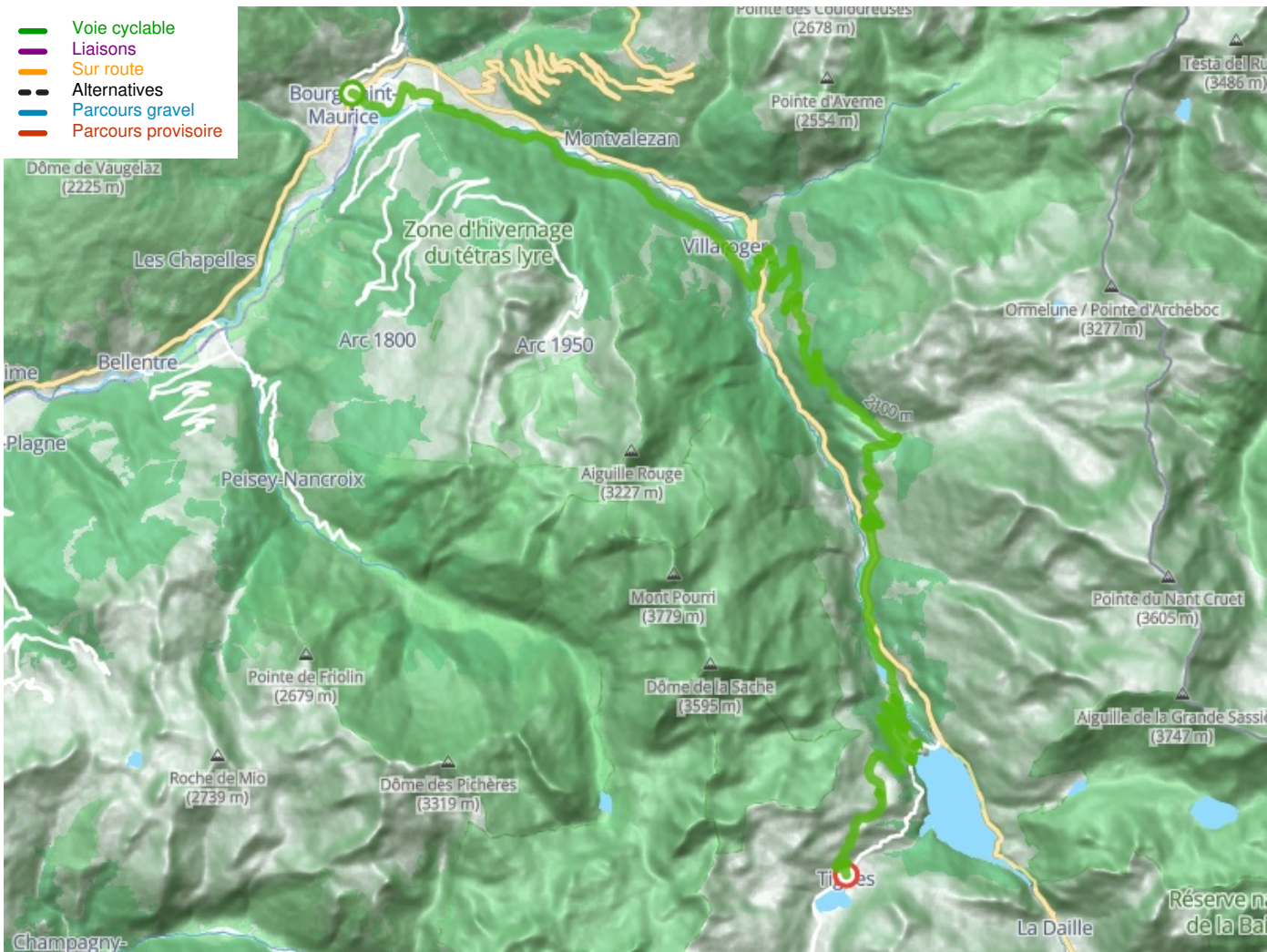
Départ
Bourg-Saint-Maurice

Arrivée
Tignes

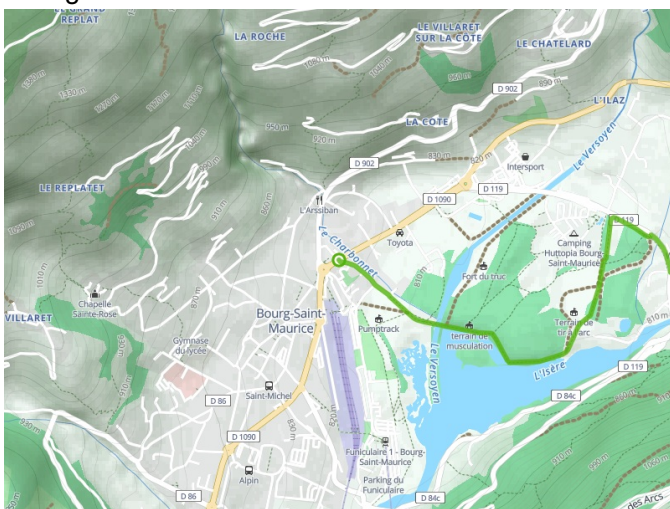
Durée
5 h 00 min

Distance
41,52 Km

Niveau
Very difficult



Départ
Bourg-Saint-Maurice



Arrivée
Tignes

