

Barrême / Saint-Auban

P'tites Routes du Soleil Gravel

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Départ
Barrême

Arrivée
Saint-Auban

Durée
4 h 30 min

Distance
59,84 Km

Niveau
Very difficult

After Barrême, avoid the road by climbing to the summit of Clavoune (1338 m), popular with paragliders. The trails are very smooth as far as Saint-André-les-Alpes.

From Saint-André-les-Alpes, the route follows the eastern shore of Lac de Castillon, from its source to the dam (watch out for cars on the N202!). It crosses Saint-Julien-du-Verdon, perched on an almost-island of the lake, and then climbs towards Soleilhas, via Demandolx and the Col de Saint Barnabé.

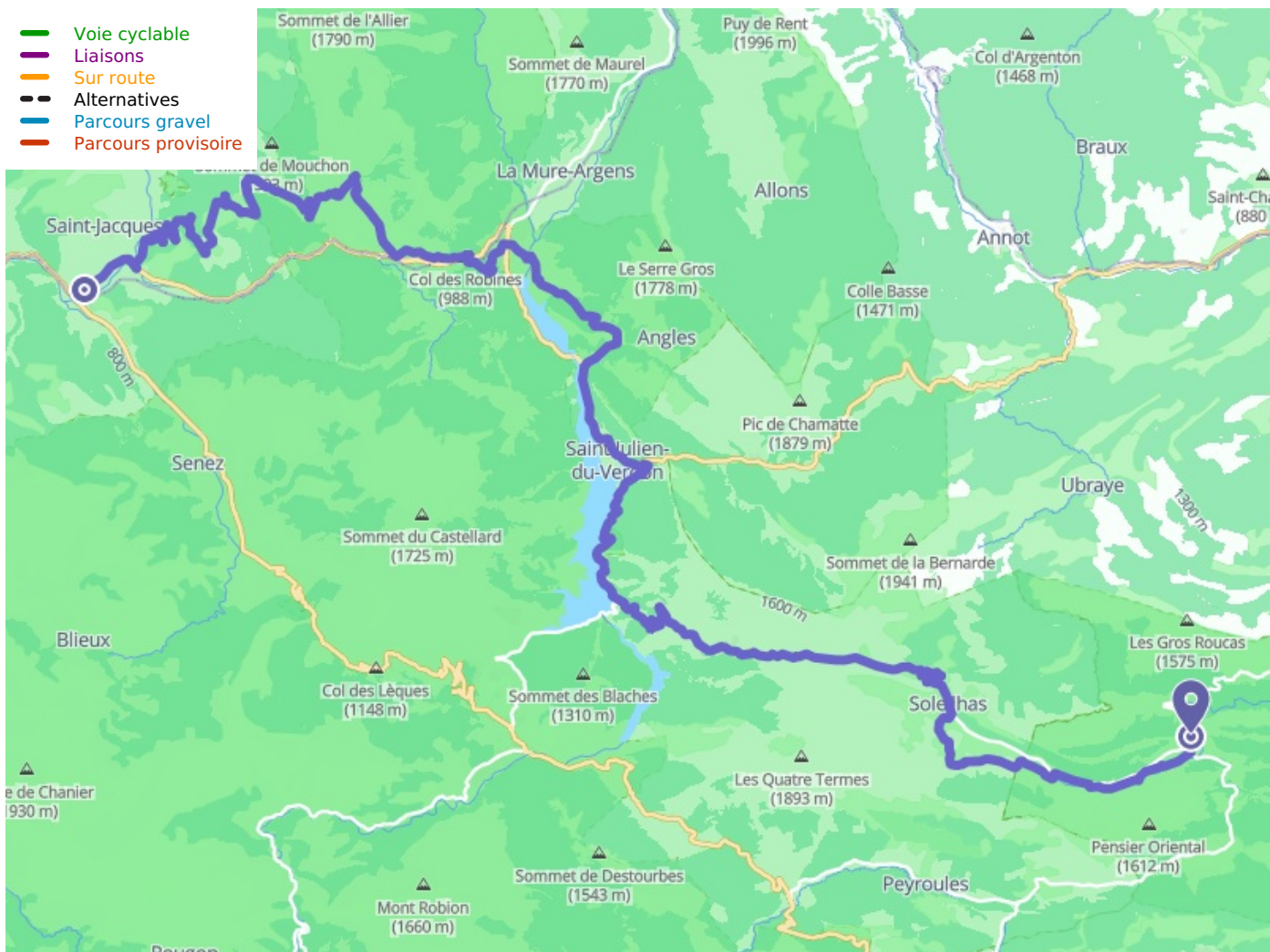
Demandolx is a tiny village with exceptional views over the Castillon and Chaudanne lakes. As for the road to the Col de Saint-Barnabé (1365 m), it features a series of 8 hairpin bends at an average gradient of 6%, allowing you to gain height quickly, while enjoying superb panoramic views. The descent to Soleilhas is fairly short: just under four kilometers, with a few more beautiful switchbacks.

From Soleilhas, a bright village nestled in a valley surrounded on all sides by mountains and forest, follow the course of the Estéron, a tributary of the Var. It leads to Saint-Auban, an ancient village set in terraces at the foot of the immense Tracastel rock, famous for its Clue, a magnificent gorge much appreciated by canyoning enthusiasts.

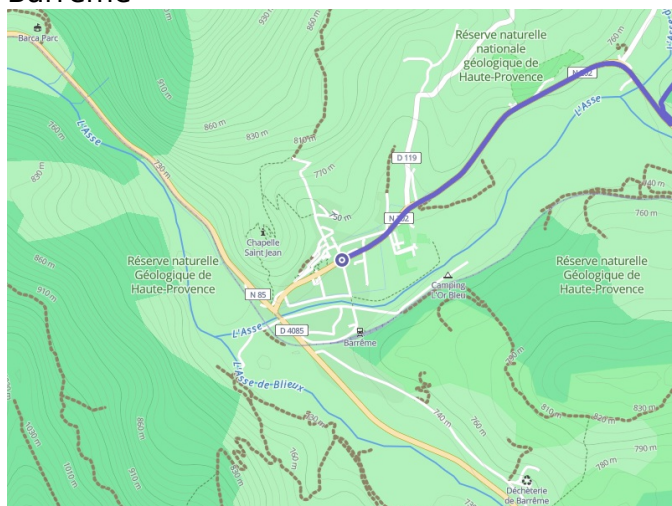
1441 m / ↘ 1139 m

Don't miss

- **Saint-André-les-Alpes:** at the confluence of the Issole and Verdon rivers and at the end of Lac de Castillon, fed by the reservoir of the Castillon-Demandolx dam, near Castellane. A protected, unspoilt village in the heart of the Verdon regional nature park and the Haute-Provence geological nature reserve, dominated by Mont-Chalvet (1,613 m), a world-renowned site hosting numerous international paragliding competitions.
- **The Verdon regional nature park:** located in the Alpes-de-Haute-Provence and Var departments, it brings together territories and landscapes as diverse as the Valensole plateau, the Verdon gorges, the Haut-Var, the Digne and Castellane Pre-Alps, and the Sainte-Croix lake.
- **Soleilhas :** a beautiful village, with an enviable cultural and historical heritage, set in the wild and magnificent landscapes of the Alpes-de-Haute-Provence.



Départ Barrême



Arrivée Saint-Auban

